

Week 31 Practice

You have a relationship gift.

Something you are naturally good at. A way of loving that no one else can do in exactly the way you do it. Perhaps it's the art of apologizing or forgiveness, gentleness or generosity, presence or attention, support or grace, or some other rendition of love. You know what it is. It's the thing you're proud of about yourself, so proud you sometimes feel prideful when you think about it.

Be prideful.

This is the good kind of pride. You can stop minimizing your gift. You can stop being humble about it. You can stop suppressing it and burying it. You can stop being an amateur at it. *Own* it. *Claim* it. *Inhabit* it. You can decide right now, here, today, that you are going to become pro at that particular act of love.

This week, make a professional habit of it. Practice it wherever you go, in whatever you do. Turn that good gift inside of you into the art of relationship. Remember, your task is not to get recognition *for* it or reciprocation *of* it. The pro doesn't do his or her job to be loved; the pro does his or her job because the job itself is an act of love, and thus a reward in and of itself.

This week, keep it simple, and simply love.